



HOD is entering its 15th year as a leader in the world of High Performance Driving. It is no accident that HOD has an excellent safety record. In keeping with our desire to continue to enhance the safety of our sport, we provide the following announcement:

As of 1/1/19, HOD nationally, will require FIA or SFI certified Head and Neck Restraints for any drivers and/or passengers in cars equipped with 5 or 6 -point harnesses during an HOD event.

Currently, approved head and neck restraint systems are:

- NecksGen
- HANS
- Simpson Hybrid S
- Schroth SHR Flex
- Z Neck Tech (Zamp)

NOTE: Cars that are utilizing stock three-point belts are NOT affected by this new rule. HOD will not require or prohibit the use of these systems with 4-point harnesses, and notes that **the Schroth ASM 4-point system is the only one certified as proven to provide anti-submarining protection.** Further, **the Simpson Hybrid S is currently the only system that has been certified to provide restraint functions with 3-point, 4-point, as well as 5 or 6-point systems.** There will be a one event grace period for those who did not get this notice.