

Head and Neck Restraint Requirement

As of 1/1/19, HOD nationally, requires FIA or SFI certified Head and Neck Restraints for any drivers and/or passengers in cars equipped with 5 or 6 -point harnesses during an HOD event. This does NOT apply to cars utilizing stock, 3-point seat belt systems. |

Currently, approved head and neck restraint systems are:

- NecksGen
- HANS
- Simpson Hybrid S
- Schroth SHR Flex
- Stand 21 Ultimate, Hitech, and Club Series
- Z Neck Tech (Zamp)

HOD will not require or prohibit the use of these systems with 4-point harnesses, and notes that the Schroth ASM 4-point system is the only one certified as proven to provide anti-submarining protection. Further, the Simpson Hybrid S is currently the only system that has been certified to provide restraint functions with 3-point, 4-point, as well as 5 or 6-point systems.

There will be a one event grace period for those who did not get this notice.